

SOUTH AFRICAN NATIONAL AGE GROUP CHAMPIONSHIPS 2025 ARTISTIC SWIMMING

SANCTIONED BY: SWIMMING SOUTH AFRICA

HOSTED BY: Eastern Cape Aquatics & Buffalo City Aquatics

2025/11/02

Eastern Cape Aquatics and Buffalo City Aquatics is looking forward to welcoming all the participating clubs to the Artistic Swimming National Age Group Championships which will be held at the Selborne College Swimming Pool, Dawson Road, Selborne, East London from 10th to 14th December 2025. We are looking forward to four days of exciting competition.

Due dates:

DESCRIPTION	то	EMAIL/LINK	DUE DATE		
Preliminary Information Sheet	Link	https://forms.gle/XKDjote6kCYcT5oH8	10 Oct-25		
Submission of Entries	Link	https://forms.gle/mfa5hR3RFRsbGCzf8	25 Oct-25		
2 nd Closing Date of Entries	Link	https://forms.gle/mfa5hR3RFRsbGCzf8	08 Nov-25		
Awards Dinner Responses & POP	Link	https://forms.gle/NssteWDVeNv1aNnEA	25-Nov-25		
Awards Dinner Dietary Requirements	Link	https://forms.gle/uCZdvQyCb1YAZCrBA	25 Nov-25		
Judges Dietary Requirements	Link	https://forms.gle/su54qPruHJS7fMQF8	25-Nov-25		
Music (WeTransfer)	Email	jbuitie@gmail.com	28 Nov-25		
Late Submission for Entries	Link	https://forms.gle/mfa5hR3RFRsbGCzf8	30-Nov-25		
Coach Cards	Email	jlvh@absamail.co.za	03-Dec-25		
Music Forms	Email	jbuitie@gmail.com	09- Dec-25 17h00		

Practice day Timetable and Program

To assist you with your planning and preparation for the competition, below is the provisional practice day timetable and the program. Please note that the timetable and the program is subject to change as late entries and scratchings/withdrawals may necessitate changes. We will however try to keep it as it is.

Music practise time - Wednesday 10 December 2025								
Club	No of Routines	Minutes	Time of routines					
Aquanova	13	65	1055-1200					
Cosmo Dolphins	6	30	1200-1230					
Aquabear	13	65	1230-1335					
BSSC	26	130	1335-1545					
	58	290						
Pool to be cleared by 1645								









Music Form

Attached please find the music form. Please complete the form and email to jbuitie@gmail.com by 17H00 on the 9th December 2025. Any changes that must be made should please be done 30 minutes prior to your music/practice time on the 10th December 2025.

Provisional Program (subject to change)

PROVISIONAL PROGRAM NAG - EAST LONDON 2025																						
MONDAY 08/12				THURSDAY 11/12			Friday 12/12				SATURDAY 13/12					SUNDAY 14/12						
TIME	EVENT	VENUE	TIME	EVENT NO.	EVENT	NO	MIN	TIME	EVENT NO.	EVENT	NO	MIN		EVENT NO.	EVENT	NO	MIN	TIME	EVENT NO.	EVENT	NO	MIN
1000	Figure Draw	East Londo	0800-0945		Warmup/no music			0800-0930		Warmup/no music			0800-0945		Warmup/no music			0800-0945		Warm up		
			1000-1030		Swim thru IOA			0900-0930		Judges meeting			1000-1015		Swim thru IOA			0915-0945		Judges meeting		
	TUESDAY 09/12		1030-1040	1,2	Masters Tech Duet	2	10	0945-1030		Swim thru IOA			1020-1045	22	Youth free duet	3	15	1000-1045	28	Youth Figures	11	44
1900-2000	Managers Meeting	Virtual	1040-1100		Judges break			1035-1050	12,13	Masters Free Solo	3	15		23	Jnr Free Duet	2	10	1045-1115		Break/Judges meeting		
			3,4	Jnr/Snr Tech Duet	4	20	1050-1110		Judges break			1045-1200		Break			1115-1200	29,30	Novice Figures	8	32	
	WEDNESDAY 10/12		1100-1145	5	Youth mixed Duet	1	1 5	1115-1240	14,15	Youth Solo	10	50	1200-1215		Swim thru IOA			1113-1200	31	12&U Figures	3	12
1100-1545	Music Practise Time	Pool	1100-1145	6	12&U Duet	1	. 5	1113-1240	16,17	Jnr/Snr Free Solo	7	35	1220-1230	24,25	Master Free Duet	2	10	1200-1230		Break/Judges meeting		
1600-1715	Judges Meeting	Whippet		7	Novice 13&O Duet	1	. 5	1240-1255		Break / swim thru IOA			1230-1250		Judges break			1230-1350		Jnr/Snr Trials	16	80
1730-1800	Opening Ceremony	TBC	1145-1330		Lunch/Judges meeting			1200 1225	18,19	Novice Solo	4	20	1250-1300	26	Combo	2	10			LUNCH/GALA EVENT		
1800>	Cocktail function	Hall	1330-1400		Swim thru IOA			1300-1325	20	12&U Solo	1	. 5	1300-1530		Lunch/Clinic - TBC					END		
			1400-1405	8	Masters Tech Solo	1	. 5	1325-1500		Lunch			1530-1540		Swim thru IOA			1430-1600		Talent Squad training	TBC	
			1405-1430		Judges break			1510-1520		Swim thru IOA			1545-1555	27	Snr Free team	2	10	0				
			1430-1515	9,10	Jnr/Snr Tech Solo	9	45	1530-1540	21	Snr Tech Team	:	10	until 1700		Open practise time			1800 - LATE		AWARDS DINNER		
			1515-1530		Break			until 1700		Open practise time												
			1530-1535	11	Youth team	1	. 5			_			-									
			until 1700		Open practise time			1														

Opening Ceremony

Time: 17H30

Venue: Selborne College Pool or in the hall

All competitors must be neatly and properly dressed in their club kit (with shoes) (possible march past, weather dependent/venue dependent)

Please have bearers displaying the club banner/flag during the march past.

Representatives from the EC Department of Sport & Recreation, Swim South Africa, Eastern Cape Aquatics & Buffalo City Aquatics Executive, and other VIP's will be attending the opening ceremony.

Welcome Cocktails

Time: Directly after the opening ceremony for invited guests, coaches, managers, and judges.

Venue: The Hall/The Whippet at Selborne College Pool area









Managers Meetings

Tuesday 9th Dec 19H00 - Virtual

Venue: Virtual – Link will be sent on the managers Whatsapp group

All withdrawals/scratchings to be submitted at the first managers meeting but preferably prior to this if you are aware of any.

A WhatsApp group has been set up for the Team Managers for communication purposes.

Judges Meetings

As per the program above.

Venue: Judges meetings will be held in the designated meeting room which is situated behind the Whippet/Officials area.

Officials Timetable

The timetable will be placed on the managers group chat as soon as it has been finalised.

Age Group Figure Draws

Date: 8th December

Time: 10h00.

Clubs will be advised of the figures/section & category drawn by 11 a.m. on the 10th Dec 2025

Scoring

We will utilise the Integrated Sports Management System software to capture the scores for figures and routines. Tablets will also be used to score the routines electronically/excel spreadsheets. Judges will be briefed/shown how to utilise the tablets for scoring. Manual score sheets will however be provided to judges. International judges will utilise the excel spreadsheet (same as we did for Nationals in April 2025)

Results

There will be a delay in finalising of the results as virtual judges will be used. Official results will however be placed on the WhatsApp group chat as soon as the tournament referee has officially approved the results.

Catering

Competitors & Spectators: Vendors will be on site selling food, snacks, and beverages. Beverages, light snacks, and lunches will be provided for the judges.









Awards Dinner

A reminder to please submit your awards dinner responses, with proof of payment and dietary requirements by the due dates.

Venue, time, and theme is as per the invitation sent.

General

- Only managers, officials and judges allowed in the technical area. Spectators are not permitted in the technical area and should be seated on the grandstands.
- Only managers are permitted to raise queries, do withdrawals or appeal.
- There will be a designated area for the athletes/managers to get hot water to mix gelatine.
- Please keep the bathrooms/changing rooms tidy and no gelatine to be poured down the drains.
- Parking is available in the street adjacent to the main entrance in Dawson Road. Please observe the traffic rules and respect residents when deciding on a parking spot.
- No smoking or alcohol is permitted on the school property.
- There will be qualified first aiders on duty for the duration of the competition.

We look forward to seeing you all at the competition. Should you require any further details, please do not hesitate to contact me.

Janet van Huyssteen Tournament Director 0834437732





